Age in Focus February/March 2025

age-friendly BANYULE

As we enjoy the warmer days of Summer and look forward to the cooler breeze of Autumn, we're excited to bring you the latest news, events, and activities in our vibrant community.

This edition is packed with opportunities to stay active, informed, and connected with upcoming social lunches, day trips, community events and lots more.

We hope this newsletter helps you discover new ways to enjoy the season and stay connected with those around you.

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Introduction to the Seven Kulin Seasons

The stars hold a significant place in the traditions of Aboriginal and Torres Strait Islander cultures across Australia. They are embedded into the cultural story telling, song, dance, and material culture.

The people of the Kulin Nation lived their lives according to their own marking of the changing seasons.

Seven Wurundjeri seasons are described in Woiwurrung traditions, each reflecting the movements of the stars and a change in the weather, which align with the life cycle of plants and animals.

There are seven different seasons described as:

- Biderap Dry Season (Jan-Feb)
- luk Eel Season (March)
- Waring Wombat Season (April-July)
- Guling Orchid Season (Aug)
- Poorneet Tadpole Season (Sept-Oct)
- Buarth Gurru Grass Flowering Season (Nov)
- Garrawang Kangaroo-Apple Season (Dec)



Biderap arrived in January and will last through till the end of February. It's the Dry Season and the hottest time of year. Even though heading outside is challenging, there's still a lot of beauty and changes in nature to be appreciated. Female Common Brown butterflies have been resting throughout most of summer and will emerge late into February to lay their eggs on the underside of leaves. Cherry Ballart (Native Cherry) fruit is ripening.

Bobat (tussock-grass) is long and dry, its grass can be used as string for nets, bags, baskets, and mats. Mirrim (Kangaroos) are breeding and when Poorneet (Tadpole Season) arrives in September we'll see Bubup Mirrim (Joeys) leaving their mothers pouches. Biderap will end with February and luk will arrive with March, so make sure to appreciate the season while it's here.



luk Eel season, which occurs in March, marks a time when the hot winds subside, and the temperature begins to cool. The eels, known as luk, are now fat and ready for harvest.

During this season, the Binap (manna gum trees) are in full bloom. Days and nights become equal in length, creating a sense of balance. The hunter, Lo-an tuka, is represented by the star Canopus, which can be seen almost directly due south at sunset.





If you would like to be involved in the Age Friendly Champions program, contact:

Kim Phu Age Friendly Community Development Officer © 9049 3388 kim.phu@banyule.vic.gov.au



Older Adults Walkathon

Tuesday 29 April 2025

It's Active April and we're excited to bring you our Annual Older Adults Walk-a-Thon on Tuesday 29 April! Due to the huge success of previous years, we're keeping this fantastic event going, open to all abilities and fitness levels.

Whether you're an experienced walker or just starting out, this event is designed for everyone to enjoy.

Come along to walk some laps, try out a variety of 'come and try activities', and take a positive step towards better health. After the walk, join us for a delicious lunch and catch up with your fellow walkers.

This is a great chance to increase your physical activity during Active April, meet new people, and have fun together in the community.

This event is FREE, booking essential.

- **Tuesday 29 April**
- 9.30am 1.00pm $(\)$
- \bigcirc Willinda Park Athletics Track, 1 Beatrix St, Greensborough

Transport options: Catch bus 902, 901 or 293. Stop at Sherbourne Rd/Para Rd Greensborough and walk 5 minutes to Willinda Park.

For more information contact Kim Phu, Age Friendly Community Development Officer on Tel: 9049 3388 or E: kim.phu@banyule.vic.gov.au

How to book

Bookings open Monday 3 February at 8.30am Contact customer service on Tel: 9490 4222, visit trybooking.com/CYEWV or scan the QR code.



Join a walking group near you

Walking for Leisure, Ivanhoe

- 9.30am Fridays
- Meeting point: Ivanhoe Library foyer, 275 Upper Heidelberg Rd, Ivanhoe
- 0400 471 071

Greensborough Outdoor Walking Group (FREE)

- 9.30am Tuesdays
- Meeting point: Greensborough Walk, outside WaterMarc: 1 Flintoff St, Greensborough
- 0427 357 661

Ivanhoe Social Striders (FREE)

- () 9am Wednesdays (19 Feb 2 April)
- Meeting point: Ivanhoe Aquatic Banyule, 170 Waterdale Road, Ivanhoe
- (i) Frances E: frances.scarrott-goold@banyule. vic.gov.au

For more walking group options, please visit:



walking.heartfoundation.org.au/ walking



Navigating Support Services after the Festival Season

The holidays can be a time of joy but can also bring attention to specific health concerns, increased feelings of isolation, or a need for extra support at home. It is important to know what support is available and that Banyule Council offers a range of services to help you or the person you care for live independently at home. Here's how we can assist:

Home Support Services

These programs are funded through the Commonwealth Home Support Program and managed through My Aged Care.

Banyule home support services assist older residents aged 65 and over (50 and over for Aboriginal and Torres Strait Islander residents) to remain living at home and within the community.

We can provide support to you or the person you care for with the following services:

- help with shopping, errands and attending social outings. (For example, going to a café, park, library or event)
- in home company for shared activities. (For example, puzzles, meal preparation, short walks, making crafts or chatting over a cuppa)
- custom assistance to safely access medical and allied health appointments (not limited only to transport).
- help with home and property maintenance (for example, installing handrails or ramps, or doing household repairs and periodic cleaning).
- delivered meals are available to people who have difficulty accessing nutritious meals regularly at home and who may benefit from frequent contact with Council personnel who can drop by to say hello.
- social support program at Bellfield Community Centre assists socially isolated residents to participate in community based social activities. Activities including gentle exercise, concerts, guest speakers, discussion groups, art and craft workshops, gardening tutorials and a range of bus outings to interesting venues.

If you have further questions regarding the above services, please contact the Home Support Services Team:

Delivered meals or property maintenance Tel: 9457 9916.

Social support, shopping help and escorting to health appointments

Tel: 9457 9849.

Social support program at Bellfield Community Centre Tel: 9499 4795 / 0422 758 787

Service Navigation and information program

Connecting you with the right support.

At Banyule City Council, we recognise that navigating support services can be complicated.

That's why we're excited to launch our Service Navigation and Information Program, designed to connect you with the resources and information you need.

This service is free and open to all Banyule residents.

What We Offer:

A Trusted Resource: We offer reliable and up to date information to help you navigate various services, including aged care, mental health, disability support, family violence assistance, housing and homelessness, and more.

Community Connections:

We can help you connect with local groups, clubs, and resources to keep you engaged in your community.

How to Access:

Our Community Connectors are available via phone, email or in person (by appointment). Please call 03 9457 9800 or email service. navigation@banyule.vic.gov.au

Please note we do not provide crisis or emergency response, case management, MAC assessments, formal referrals, intervention, counselling or risk assessments.

To find out what service you're eligible for, book an assessment with My Aged Care.

Find the help you need with myagedcare Freecall: 1800 200 422 myagedcare.gov.au





Harmony Week

Monday 17 – Sunday 23 March 2025

Harmony Week is the celebration that recognises our diversity and brings together Australians from all different backgrounds. It's about inclusiveness, respect and a sense of belonging for everyone.

Harmony Bazaar 2025

🛗 Saturday 15 March 2025

- 12pm 3pm: Markets, Activities & Music Workshops
- ^O 3pm 5pm: Movie Screening (Ferdinand)
- Binnak Park 16 Anderson Pde, Watsonia Nth
- igee (near the upper level carpark and playground)



Transport options: Catch bus 566, stop Cameron Pde/Macorna St, then about a 13 minute walk.

Harmony Bazaar is a colourful, new family friendly FREE event with a range of multicultural market stalls to explore plus interactive music workshops, such as African drumming, belly dancing and lots more. There will be a free movie screening of Ferdinand and a small selection of local food vendors onsite.

Scan for more information



For more information, please contact Stefanie Stamatiou on Tel: 9490 4222 or scan the QR code.

Early Impressions Painters of the Heidelberg School from the National Collection

Banyule Council is proud to present an exhibition of paintings by the Heidelberg School, on Ioan from the National Gallery of Australia.

With support from the Australian Government as part of the *Sharing the National Collection* initiative, we are bringing the Heidelberg School back to Heidelberg.

On public display in Banyule for the first time since they were painted here, we present artworks by Arthur Streeton, Clara Southern, Louis Buvelot, Charles Conder and Tom Roberts.

Exhibition dates: 22 February - 17 April 2025 Free entry, all welcome. No bookings required.

Art Gallery 275 @ Ivanhoe Library & Cultural Hub 275 Upper Heidelberg Road, Ivanhoe

Check the website for opening hours and updates: **banyule.vic.gov.au/HeidelbergSchool**



Arthur Streeton, The selector's hut (Whelan on the log), 1890, National Gallery of Australia, Kamberri/ Canberra, purchased 1961

Older Adults Community Connections Program

Meet new people in your community in a welcoming atmosphere.

Social lunches

Join us for a social lunch to meet new people, catch up with friends and stay connected in your community. Participants pay for their own lunch. Bookings essential, please contact Banyule Customer Service on (© 9490 4222.

Espresso 3094

- 🛗 Thursday 6 February
- (12.30pm
- 👂 44 Were St, Montmorency
- Catch Hurstbridge train or bus route 293.
 4 minutes walk from Montmorency Railway Station

San Churro

- Tuesday 4 March
- () 12.30pm
- 71 Main St, Greensborough
- Catch bus route 514, 566 or 902. 5 minutes walk from bus stop



Scintilla Cafe

📖 Thursday 18 Februar		Thursday 18 February
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- 🕓 12.30pm
- 🕈 131 Burgundy St, Heidelberg
- 6 minutes walk from Heidelberg Station and a short walk from bus stop for buses 546, 903 and 514.

Ripple Cafe n Co

- 🛅 Thursday 20 March
- 🕓 12.30pm
- 269 Lower Heidelberg Rd, Ivanhoe
- Banyule Community Bus Route, Stop 15
 arrive 11.46am and departs are 2.24pm.
 10 minutes walk from bus stop.

Ageing Well Housing Forum

Are you or someone you know considering housing options for later in life? The Banyule Ageing Well Housing Forum is here to provide information and practical advice tailored to older adults.

This exciting forum brings together experts, community leaders and support services to discuss important topics, including:

- Ageing at home
- Housing needs and local policy
- Financial and housing options

There will be speakers, marketplace stalls showcasing local services and resources and an opportunity to connect with others. Morning tea, lunch and afternoon tea will be provided.

Banyule Ageing Well Housing Forum

- 🛗 Friday 14 March, 8.45am 3.30pm
- Council offices, Level 4, 1 Flintoff Street, Greensborough

How to register:

Choose a full-day ticket or register for individual sessions based on your interest. This is a free event, bookings essential at **trybooking.com/13342481** or phone Customer Service on 9490 4222.

Bookings open 18 February.





Puffing Billy day trip

Join us on a day trip to Puffing Billy! Experience this iconic steam train ride from Belgrave to Emerald Lake Park through the glorious Dandenong Ranges, one of the most popular tourist destinations in Victoria.

Enjoy lunch at beautiful Emerald Lake then take a leisurely walk around this picturesque lake before returning home.

Bookings open 8.30am Monday 3 February and often book out quickly. To reserve a seat please contact Banyule Customer Service on (**§**) **9490 4222.** When making your booking kindly advise us of any dietary requirements.

Emerald Lake Road, Victoria

- 🛅 Tuesday 25 February 2025
- (i) \$85

8am sharp – War Memorial Park, Greensborough 8.30am sharp – Ivanhoe Library and Cultural Hub

Coach travel, morning tea, one way ticket, 2 Course lunch at Lakeside Train Station Ivanhoe Library & Cultural Hub has a 3-hour parking limit. To obtain a temporary all-day parking permit, please see the program organiser.

You are required to display the permit on the dashboard of your car on the day of the event.

Greensborough War Memorial 203 Henry St, Greensborough

 * Please enter off McDowell St, Greensborough. (Free all-day parking, no permit required)

Terms and conditions

Cancellation of bookings

If you wish to cancel your booking, you MUST do so 7 days prior to the event in order to receive a full refund.

If you cancel within 7 days of the event for any reasons and we are not able to find a replacement, you will be charged the full amount and no refund/ credit will be issued. This is due to Council being required to pre-pay for these activities.

Please make sure that you can attend the activities when booking and paying.

All participants attending the day trip must be independent. Participants must be able to climb more than 6 steps into a coach and walk 50 metres unassisted (with walking stick acceptable).

Banyule Carer Support Program

Are you looking after someone - helping with their day-to-day tasks or taking them to appointments, organising support?

Recharge, Discover and Connect in 2025 with the Banyule Carer Support Program classes and groups in 2025.

Registrations essential. To enrol in the classes and group or to find out more information visit banyule.vic.gov.au/CarerSupport

If you have any questions, please contact Tash on E: carers@banyule.vic.gov.au or Tel: 9422 8396

Weekly

Wellbeing & Relaxation for Carers NEW IN 2025!

🛅 Tuesdays (start 4 February), 11.30am – 12.30pm

Olympic Leisure Centre, West Heidelberg

Bring calm and focus to your daily life in these accessible, inclusive relaxation sessions.

Gentle Yoga for Carers

- 🛗 Thursdays (start 6 February), 9.30am 10.30am
- 🕈 Watsonia Neighbourhood House

Learn self-care tools through gentle movements in these nourishing yoga classes.

Tai Chi Qigong for Carers

- 🛗 Fridays (start 7 February), 11am 12pm
- Greenhills Neighbourhood House, Greensborough.

Flowing movements, gentle stretches and stillness. Deepen your mind-body connection to find ease and calm.

Aquatic and Fitness Wellbeing Passes

Free visits for Carers to attend group classes, the gym or the aquatic facilities at WaterMarc or the aquatic facilities at Ivanhoe Aquatic Centre.



Monthly

Older Carers coffee group (60+) NEW IN 2025!

- 1st Friday of the month (starts 7 March),10am 11am
- Whispers Cafe at Ivanhoe Library & Cultural Hub

A peer support group co-facilitated with Merri Health Carer Services. Meet other Carers and have a break over a complimentary coffee and cake.

Banyule Carer Support Group

- 2nd Thursday of the month (start 13 March),10.30am 12pm
- Watsonia Neighbourhood House

A relaxed friendly welcoming monthly catchup for all Carers.

Chat with other Carers, find out about services or just have a break from your caring role over complimentary morning tea.

Art Therapy for Carers

- 4th Tuesday of the month (start 25 February), 1pm - 2.30pm
- Location: Watsonia Neighbourhood House

Use creative techniques to relax the mind and de-stress. No art experience necessary in these gentle, nurturing classes.

Banyule Carers Walking Group NEW IN 2025!

- 🛗 1st Tuesday of the month (start 4 March), 10am
- Meet at Bellfield Community Hub

Meet other carers and get some fresh air on this relaxing local walk.

Participants need to be able to comfortably walk for at least a kilometre along paved and gravel paths.

What's on

Australian Red Cross Lifeblood

Lifeblood is here to help donors give life – and recipients get it. They work together, across the nation, with donors, communities and health providers.

If you would like to donate blood, here are some key dates for you to consider:

4 February World Cancer Day | Seniors Day at Bundoora Donor Centre

This special day focuses on the significant role blood donations play in supporting cancer patients. Give Blood. Fight Cancer. With 34% of all donated red cells used for cancer care and blood diseases in Australia, we will spotlight how blood donations help those battling cancer during Bundoora Donor Centre's monthly Seniors Day.

Take the quiz to check if you're eligible by visiting: www.lifeblood.com.au/blood/eligibility/quiz

- 🛅 Tuesday, 6 February, 1pm to 3pm
- Bundoora Donor Centre Level 1, 19-21 Copernicus Cres, Bundoora. Parking available on site.

How to Book: Visit www.lifeblood.com.au or call 13 14 95.

Seniors Day at Bundoora Donor Centre

Join us for our monthly Seniors Day at Bundoora, a great opportunity to donate, enjoy a cuppa, and connect with other community members. Take the quiz to check if you're eligible by visiting: www.lifeblood.com.au/blood/eligibility/quiz

- 🛗 Tuesday, 4 March, 1pm to 3pm
- Bundoora Donor Centre Level 1, 19-21 Copernicus Cres, Bundoora. Parking available on site.

How to Book: Visit www.lifeblood.com.au or call 13 14 95.

International Women's Day Plasma Party at Bundoora

We're celebrating women, and the impact plasma donors have on healthcare. Gather your friends for a Plasma Party, enjoy some fun snacks, and book your appointment online. To learn about plasma and the benefits associated with

- 🛅 Saturday, 8 March, 7:30am to 4pm.
- Bundoora Donor Centre Lvl1, 19-21 Copernicus Cres, Bundoora. Parking available on site.

How to Book: Visit www.lifeblood.com.au or call 13 14 95.



St James Sewing Group

- Every Thursday during school terms,1.00pm- 3.00pm
- The Hub: 155 Oriel Rd, Heidelberg West
- (i) Free or gold coin donation

A friendly group where participants meet weekly to share their skills around sewing, knitting and crafts. This group provides an informal, warm place to make friends, have a chat, practice your skills and learn from each other. Sewing machines are provided or you are welcome to bring your own.

For more information contact Olympic Neighbourhood House (§ 9087 1155 or olympic@oae.vic.edu.au, or visit oae.vic.edu.au

Greensborough Social and Activity Club Inc

Join us for a sausage sizzle and come try some fun activities!

- 🗰 Monday 17 February.
- 205 Henry St, Greensborough

Free for members & \$3 for non-members

If you are looking for afternoon activities, come to our friendly club. We hold sessions of Tai Chi, table tennis, cards 500, indoor bowls, scrabble, dancing for beginners, bingo with tea and refreshments, monthly dinners to local RSL's and hotels. The first three visits are FREE except for Tai Chi \$2 and dancing \$5.

What's on

Rosanna Fire Station Community House

Charming Chums Men's Group

232 Lower Plenty Road, Rosanna

Gold coin per week or \$10 per term

Join a group to connect with others to chat, play cards, board games, go for a walk & more.

For more information contact Rosanna Fire Station on () 9458 1935 or office@rfsch.org.au. Visit www.rfsch.org.au



Community Lunch

Wednesday 5 February, 5 March & 2 April, 12.30pm - 1.15pm

👂 232 Lower Plenty Road, Rosanna

SGold coin contribution

Come and join us for a community lunch. A great way to connect with other members of the community.

Bookings essential.

For more information contact Rosanna Fire Station on () 9458 1935 or office@rfsch.org.au. Visit www.rfsch.org.au

Street Library

Street libraries are small, community-based book sharing stations, often located in public spaces such as parks, neighbourhoods, or in front of someone's front yard.

They are accessible from the street and are an invitation to share the joys of reading with your neighbours.

Here are a few street libraries nearby:

The Living Energy Library 83-87 Main St, Greensborough **Flodden Way Library** 12 Flodden Way, Briar Hill **Tarcoola Drive Girl with Book Library** 50 Tarcoola Drive, Yallambie

Dendaryl Library 8 Dendaryl Drive, Bundoora Weidlich Rd Library 125 Weidlich Rd, Eltham North Greville Rd Library 64 Greville Rd, Rosanna Greenhills Little Free Library Greenhill Rd, Greensborough St Georges Anglican Church East Ivanhoe 47 Warncliffe Rd, East Ivanhoe

Lantana St Little Library 47 Lantana St, Ivanhoe Bellfield Community Garden 14 Daphne Cres, Bellfield New Anfield 101 Liberty Parade, Bellfield

Norton Community Library 26 Frederick St, Heidelberg Heights The Monty Village Library 18 Coventry St, Montmorency Bellevue Little Library 45 Bellevue Ave, Rosanna Lucerne Crescent Street Library 76 Lucerne Crescent, Alphington

Rosanna Fire Station Community House Library 232 Lower Plenty Rd, Rosanna

Open House Street Library (Macleod Park) Aberdeen Rd, Macleod

If you're interested to buy, build or register a Street Library in your local area, visit **streetlibrary.org.au** or contact Street Library on **(§** 02 8405 7942.



What's on

Community Gardening Group

Mondays & Thursdays during school terms, 10am - 12pm

The Hub, 155 Oriel Rd, Heidelberg West

Come along and connect with others while helping to maintain our beautiful community garden!

Whether you're a seasoned green thumb or just starting out, everyone is welcome to get involved at their own pace. Enjoy the fresh air, contribute to the upkeep of the garden, and learn a little about growing plants and produce.

For more information contact Olympic Neighbourhood House (§) 9087 1155 or olympic@oae.vic.edu.au. Visit www.oae.vic.edu.au

Ardelle on **O** 0403 831 739 or visit: www.probusgreensborough.org.au



Dance Fitness Classes

🛗 Every Tuesday, 5.30pm - 6pm, 6pm - 6.30pm

🔊 232 Lower Plenty Rd, Rosanna

55 \$5

Come along to a great dance fitness class for beginners, or those that are wanting to take it a little slower. Run by Kyle from Pit Stop Dance Fitness.

*This class avoids jumping and movements that are overly quick.

For more information contact Watsonia Neighbourhood House on (©) 9434 6717



Pickleball

We are looking to start a Pickleball team in Banyule.

If you are interested in joining the team or would like to attend a come and try session, please contact Kim Phu (Age Friendly Community Development Officer) on M: 0422 925 945 or E: kim.phu@banyule. vic.gov.au

K-Krafts & Arts

- 🛗 Tuesdays during school terms, 10am 12pm
- 💎 The Hub, 155 Oriel Rd, Heidelberg West
- 5 Cost: Free or gold coin donation

Discover your creative side and connect with others at the K-Kraft & Arts Sessions!

Whether you're eager to learn new craft skills or simply want to bring along your own project, this is the perfect space to unwind and get inspired.

Join like-minded people in a welcoming and relaxed environment, where you can share ideas, enjoy good conversation, and work on your crafts at your own pace. Skilled helpers will be on hand to offer guidance, tips, and encouragement – whether you're a seasoned creator or just starting out.

For more information contact Olympic Neighbourhood House (\$)90871155 or (2) olympic@oae.vic.edu.au. Visit www.oae.vic.edu.au



Subscribe now!

Stay up to date with the latest news, tips, and resources to keep connected in the community!

If you haven't already, sign up for the Age in Focus newsletter and have it delivered directly to your mailbox or inbox.

Participants must take reasonable care for their own health and safety and engage in activities at their own risk.

Whilst accessibility is considered when selecting activities, Council staff and/or volunteers are unable to provide mobility assistance to participants. Those who have mobility concerns should speak to Council staff to ascertain if the activity is suitable for them.

All participants are required to follow the direction of Council staff and/or volunteers facilitating the activity.

There is an expectation that participants are civil, courteous, respectful of others. Our community is made up of diverse cultures, beliefs, abilities, bodies, sexualities, ages, and genders.

We are committed to access, equity, participation, and rights for everyone: principles which empower, foster harmony, and increase the wellbeing of an inclusive community.

Contact Us

All enquiries

PO Box 94, Greensborough, VIC 3088 Phone 9490 4222 enquiries@banyule.vic.gov.au banyule.vic.gov.au

Council Service Centres

Greensborough 1 Flintoff St **Ivanhoe** 275 Upper Heidelberg Rd

Hearing or speech impaired

Call us through the National Relay Service on 133 677 (TTY) or 1300 555 727 (ordinary handset) and contact 9490 4222.

Interpreter service:

If you need an interpreter, please contact TIS National on 131 450 and ask to be connected to Banyule Council on 9490 4222.

إذا كنتم بحاجة إلى مترجم. الرجاء الاتصال بالخط القومي لخدمة الترجمة الهاتفية TIS على الرقم 131 450. واطلبوا إيصالكم ببلدية بانيول على الرقم 4222 9490.

若你需要口譯員,請致電131 450聯絡TIS National,要求他們為你 致電9490 4222接通Banyule市政廳。

Ako vam je potreban tumač, molimo vas, nazovite TIS National na broj 131 450 i zatražite da vas se spoji sa Vijećem općine Banyule na broj 9490 4222.

Αν χρειάζεστε διερμηνέα τηλεφωνήστε στην Εθνική Υπηρεσία Διερμηνέων Μεταφραστών στον αριθμό 131 450 και ζητήστε να σας συνδέσουν με τη Δημαρχία Banyule στο 9490 4222.

Se hai bisogno di un interprete chiama TIS National al numero 131 450 e chiedi di essere messo in comunicazione con il Comune di Banyule al numero 9490 4222.

Ако ви треба преведувач ве молиме јавете се на TIS National на 131 450 и замолете да ве поврзат со Banyule Council на 9490 4222.

如果你需要一名翻译,请打电话到国家电话翻译服务处(TIS National) 131 450,再转接到Banyule市政府9490 4222

Haddii aad u baahan tahay mutarjum wac khadka qaranka oo ah TIS 131 450 weydiina in lagugu xiro Degmada Banyule tel: 9490 4222.

Nếu cần thông dịch, xin gọi cho TIS Toàn Quốc qua số 131 450 rồi nhờ họ gọi cho Hội Đồng Thành Phố Banyule theo số 9490 4222 giùm quý vị.