

# Age Friendly Advisory Committee Meeting | Minutes



## Meeting details

<b>Date of meeting</b>	Thursday, 10 February 2022
<b>Time</b>	10.00am – 12.00pm
<b>Venue</b>	Microsoft Teams
<b>Chair/Facilitator</b>	Ria Thompson
<b>Minutes</b>	Ria Thompson

## Acknowledgement of the Traditional Custodians

“Our meeting is being held on the Traditional Land of the Wurundjeri Woi-wurrung people and, on behalf of Banyule City Council, I wish to acknowledge them as the Traditional Custodians. I would also like to pay my respects to the Wurundjeri Woi-wurrung Elders, past, present and emerging, and to acknowledge other Aboriginal and Torres Strait Elders joining us today.”

## Inclusive Banyule Statement

“Our community is made up of diverse cultures, beliefs, abilities, bodies, sexualities, ages and genders. We are committed to access, equity, participation and rights for everyone: principles which empower, foster harmony and increase the wellbeing of an inclusive community.”

## Attendee

<b>Attendee name</b>	<b>Affiliation/Organisation</b>
Ria Thompson	Acting Assessment and Community Support Coordinator, Banyule City Council
Leanne Horvath	Aged Services Coordinator
Stewart Morritt	Health Club Team Leader – Banyule Leisure
Catherine Corbett	Community Engagement Coordinator, Watermarc
Karlene Lang	Emergency Care Coordinator, Austin Health
Jim Brewer	Age Friendly Advisory Committee Member
Veronica Lee	Age Friendly Advisory Committee Member
Glenn Swafford	Age Friendly Advisory Committee Member
Marcello D’Amico	Age Friendly Advisory Committee Member
Mary Stringer	Age Friendly Advisory Committee Member

## Apologies

<b>Name</b>	<b>Affiliation/Organisation</b>
Cr Tom Melican	Banyule City Council - Chair
Kath Brackett	Director Community Wellbeing, Banyule City Council

# Items

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## 1. Introduction 10.00am – 10.30am

Acknowledgement of traditional custodians

Diversity Statement

Actions arising from previous minutes

### Follow up information requested regarding Safe Access Audits held at East Ivanhoe, Macleod, Diamond Village, Olympic Village in March 2021

Glenn requested information regarding current status of Safe Access Audits around four locations across the municipality and the recommendations that were made at that time.

Ria to request attendance at next Advisory Committee meeting by Michelle Herbert, Senior Transport Planner for update.

## 2. Council Updates 10.30am – 11.15am

### Discussion

Ria outlined Council's Community Programs Directorate current restructure actions, which will be finalised within the next several weeks. This involves:

- Aged Services divided to different Business Units. Leanne Horvath is now coordinator of Aged Services, responsible for the service delivery and located in Family and Community Services.
- Age Friendly Team and Regional Assessment Service now part of Resilient and Connected Communities and within Community Connections team. A new manager and coordinator will be recruited to this area. Ria temporarily acting in coordinator role until restructure rolled out.

### AGE FRIENDLY ACTIONS UPDATE

A number of key activities have been planned and delivered since easing of COVID restrictions late 2021

- Three high teas for older adults delivered at Heidelberg Golf Club in December 2021 – more than 210 attendees and well received. Cr Dimarelos attended
- Collaborating with Council's Transport Team to apply for funding to deliver additional "Wiser Driver" and "Wiser Walker" sessions throughout 2022
- Seniors Network to reconvene in February 2022
- Free seniors swimming program planned in conjunction with LifeSaving Victoria
- Walking basketball program planned in conjunction with Basketball Victoria
- Banyule Council Age Friendly Team now registered as a host organisation for Heart Foundation Walking Groups – residents can search, join or register a local community walking group supported by the Heart Foundation and Council
- Older Adults Recreation Program has resumed activities and programming
- Municipal mapping exercise commenced to support older adults during heatwave
- Seniors Link Up digital literacy project to commence roll out early March 2022
- Review of publications/communication for older adults undertaken, including streamlining publications and targeting readership, as well as introducing standing older adults pages in Banyule Banner and Council website
- Ivanhoe Seniors Exercise Park :
  - ✓ Twice monthly Come and Try sessions now established
  - ✓ Cr Costaldo has requested a report to Council on usage of exercise park
  - ✓ Timetable created displaying availability of volunteers and external providers to demonstrate use of equipment
  - ✓ Advocacy for installation of shade sail at site

## Recommendations

- Catherine Corbett suggested that a Banyule Older Adults Facebook page be established which was supported by the committee
- Installation of a shade sail at Seniors Exercise Park was strongly supported by committee
- Veronica Lee suggested that community noticeboards at shopping centres/hubs be utilised to promote older adults activities and that Council website difficult to navigate. Committee strongly in favour of improvement to readability and usability of Council website
- Glenn Swafford referred to Age in Focus publication review completed in 2020

## Corresponding Actions

- RT to liaise with Communications regarding Banyule Banner and website content and social media
- RT to include recommendation about installation of shade sail in report to councillors
- RT to send Age in Focus review report to committee, as per request
- RT to forward copy of current Older Adults Recreation Program newsletter to committee, as per request

## 3. Inclusive Banyule Advisory Committee Update 11.15am – 11.20am

### Discussion

Glenn explained that two reports to date had been shared with the Age Friendly Advisory Committee detailing current status of actions undertaken. Currently exploring draft guidelines for grants program available for community groups to apply to undertake a range of activities/programs/initiatives to support inclusion and participation.

Next meeting to be held 11/2/22 and updates to be shared accordingly

## 4. Community Updates 11.20am – 11.45am

### Discussion

Catherine has established new programs for older adults, including regular tai chi sessions, weekly walking group. There has been great support from participants so far and feedback is that people prefer outdoor, COVID safe activities.

Catherine would like to be able to promote these sessions on a community noticeboard, however requires Council permission to do so. Catherine will distribute flyers of activities to the group.

Veronica thanked the Age Friendly team for outcomes delivered to date. Queried whether sites for additional seniors exercise parks are being considered within Banyule, as well as options for transport to Ivanhoe site and additional sessions to be held at the site.

### Recommendation

Ria – additional sites would be ideal however there are resourcing constraints. Also outlined public transport options to exercise park from Ivanhoe station as well as transport options through My Aged Care if people are registered. Additional sessions are planned and timetable will be distributed as part of future publications.

### Discussion

Marcello belongs to various arts/cultural groups including open mike poetry reading group and art groups where he states the majority of participants are older adults. Marcello would like to explore the option of curating an art exhibition of works by older adults across the municipality and showcase these at ILCH.

Marcello congratulated the Age Friendly Committee on its collaboration in working towards common deliverables, and emphasised a need for older adults pages in the Banner.

### Action

Ria to follow up with Council's Art Curator about this possibility at ILCH/Bellfield Hub

## Discussion

Karlene supported Banyule's Carer Program as a great initiative and will be promoting widely within her networks.

Also stated that outreach programs in health settings are having staffing difficulties due to staff being furloughed/redeployed, and that the health system has seen deterioration in older patient health due to lack of incidental exercise/socialisation as a direct result of the pandemic and isolation.

Karlene also relayed that if a patient presents to ED with a carer, carers are permitted to remain with the patient if required despite hospital visitor restrictions.

Jim concerned about the trees located in Greensborough Walk and queried responsibility to water/maintain trees.

Jim also queried time delay in delivering Banyule Banner – depending on locality editions are received at varied times and would like to understand delivery method

## Action

Ria to follow up with Council's Major Facility Officer regarding tree care

Ria explained Australia Post delivers Banner but will follow up with Communications team regarding time delay

## Discussion

Glenn reiterated need to improve Council website useability and the Seniors Exercise Park on the Ivanhoe Park tile of website. Also to support the mapping exercise which will encourage older people to access outdoor spaces across the municipality and adopt a COVID safe approach. Glenn applauded the installation of new street furniture in Ivanhoe to further support this approach.

Glenn also mentioned opportunities for community input regarding redevelopment of Olympic Village site and East Ivanhoe shopping centre.

Mary reinforced the need to identify appropriate locations for older people to meet outdoors as part of mapping exercise.

## 5. Any other business 11.45am – 11.50am

### Discussion

Regarding use of MS Teams Channel – Ria explained functionality to upload files and post other information, however given that some committee members had experienced difficulty in using the channel due to connectivity issues within their workplace, decision made for now to continue to correspond via email.

## 6. Meeting close and next meeting 11.50am – 11.55am

Next meeting scheduled for 26<sup>th</sup> May 2022 10am – 12pm Venue TBC